

#### Inflammation

Is my pet healthy? A simple question that is sometimes hard to answer. Physical exams are great for evaluating the visual health, but checking internal health is a bit more challenging. That's where testing for inflammation comes in. If your dog or cat is healthy, there shouldn't be inflammation. When present, we'll investigate why and take steps to resolve or manage it.

#### **Essential Vitamins**

Certain vitamins and minerals are required for long-term health. Testing for, and correcting, any vitamin issues is an important step to maintaining and improving the health of your pet. Essential Vitamins includes Vitamin D & B12, with optional Magnesium.



## Head to Tail Inside and Out

Physical examination is a great start to your pet's wellness, however it doesn't evaluate what is going on inside. Animals are good at hiding issues, especially when it's early on. That is where wellness blood tests come in handy.

Screening tests, like Essential Wellness, allow us to see inside, where our eyes can't. Let us feel confident that your pet is healthy, from head to tail, inside and out.

#### Did You know?

There are many options available to treat and manage inflammation in your pet.

Essential Wellness includes evaluation of the Essential Vitamins?

Inflammation, when left unchecked, can lead to the development of more serious diseases?



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Let's Test

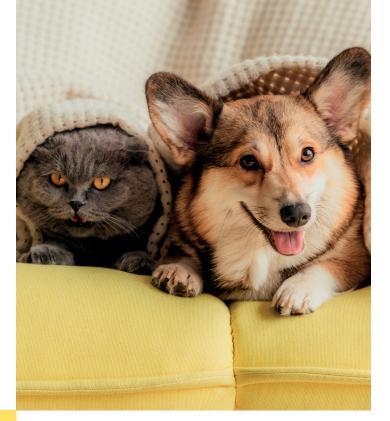
# **ESSENTIAL WELLNESS**



## Should my cat/dog be tested?

Wellness testing is appropriate for all age groups in cats and dogs, however Essential Wellness testing is more important for the following groups:

- Age 2-5 (yearly)
- Age 5+ (twice yearly)
- Breeds at risk of inflammatory disease
- Previous conditions that have been resolved, but may resurface
- You are concerned about long term health of your pet.



# **NEXT** steps

So you've decided to test, great! The next steps are simple. Once the lab results come back, we'll give you the thumbs up if everything is normal to let you know your dog or cat is in good health.

If the results from the inflammation test come back elevated, we'll develop a plan to identify, resolve, and manage that inflammation in your pet.



## How often is testing needed?

Essential Wellness tests should be performed annually for pets 2-5 years old, and twice yearly for those over 5 for best results. Should inflammation levels be elevated, or vitamin levels insufficient, your vet may recommend retesting sooner to adjust treatments.

# **WHEN** to test

### **Vitamin Levels**

Often times, inflammation levels are normal but essential vitamin levels come back insufficient. In this case, we may recommend diet changes or supplementation to improve your pet's level. The Essential Wellness panel provides:

- Patient Specific Dosing
- Recommended Supplements
- Sufficiency Ranges