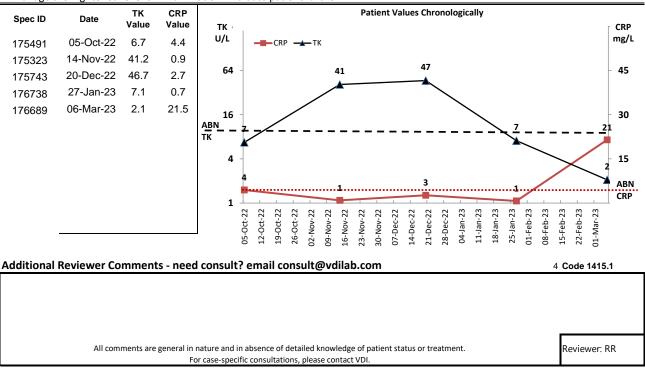


#### **Intrepretative Comment**

Patient values for TK1 are within normal intervals however there is severe inflammation (CRP). Trending for TK1 shows significant improvement from prior testing. If the patient is under treatment, therapy can be considered effective, however sudden increase in CRP may be indicative of other non-neoplastic disease. Patient should be evaluated. If the patient is on corticosteroids, other anti-inflammatory medication, or has uncontrolled Cushings, it can suppress CRP.

Patient CRP/Albumin Ratio (CAR) is MODERATE suggestive of elevated risk of serious disease and the patient may be struggling to manage the hightened level of inflammation. Evaluate patient further.



# **Patient Monitoring Provides Guidance**

Thymidine Kinase, type 1 (TK1) is a DNA proliferation enzyme and is elevated in dividing cancer cells. During therapy (chemo/surgery) the source of TK1 is reduced/eliminated and serum TK1 (sTK1) levels will fall. Conversely, growing cancer cells during disease recurrence will increase sTK1 levels. Suspected undiagnosed patients can also be followed in the same manner. This makes the Cancer Panel an effective tool for patient monitoring. Need Consultation? email consult@vdilab.com

## **INTERPRET THE REPORT**

VDI Cancer Panel monitoring reports come with a number of important indicators. Use the key below to interpret what the results mean in context with your patient.

#### **Significant Change**

a change of 40% or more from prior. Studies show this level of change can precede cancer recurrence.

Indicator	What does it signify?	What does it mean?
		Indicates therapy is effective in reducing or eliminating the tumor or inflammation
TK1 Only	Significant increase in TK1 however TK1 remains below the 9U/L threshold	Indicates the level of change is worth watching – changes in clinical status of the patient is important
1	Significant increase in the biomarker above critical thresholds	Studies show this level of change in TK1 often precedes cancer recurrence, or is consistent with malignant tumor growth.

# Trending

2 or more data points in the same direction. Short-term trending events are the most valuable in confirming cancer recurrence.

Indicator	What does it signify?	What does it mean?	
<b>↓</b>	Significant trend of 2 or more data points in the reduction or improvement of biomarker	Downward trending provides confirmation of effective therapy	
	2 data points in the same direction of high biomarker levels	Jpward trending has high probability of disease recurrence TK1) or growing inflammation (CRP/HPT) and requires	
111	3 data points in the same direction of high biomarker levels	immediate intervention with either a change in therapy or rescue therapy	

### **RETEST WINDOW**

Depending upon the type of cancer different monitoring intervals are recommended (see below). Use the chart below to identify appropriate retest window for this patient. These windows may be adjusted by the presence of clinical signs or elevated CAR (CRP/Albumin Ratio). Repeat tests within 6 months of previous automatically receive a discounted rate.

Monitoring Purpose	Retest Window	Notes	
Developing Disease, but unconfirmed			
Lymphoma, HSA, fast cancers	Apr 03 - Apr 17		
Solid Tumors, slow/indolent cancers	May 05 - Jul 04	Retest window is recommended based on	
Therapeutic Monitoring		common applications absent any context.	
Lymphoma, HSA, fast cancers	Apr 03 - Apr 17		
Solid Tumors, slow/indolent cancers	May 05 - Jul 04	For more case-specific guidelines, email: consult@vdilab.com	
Remission Monitoring			
Lymphoma, HSA, fast cancers	Apr 03 - Apr 17	-	
Solid Tumors, slow/indolent cancers	May 05 - Jul 04		
Mass Removal/Metastatic Disease	Apr 03 - Apr 17	Allow for complete wound healing	